



BRIT Challenge – Deadline to Log Activity

Dear colleague,

Thank you to every colleague and student who has supported our participation in this year's **BRIT Challenge**. It has been fantastic to see some of the challenges and conversations taking place, and I hope that it has given you an opportunity to take time out of your working day to talk about, or focus on, your mental health and wellbeing.

All colleagues and students are reminded to collate and track all participation in activities using [this form](#) by close of play today.

It is really important that all colleagues complete the log, so we can show the scale of activity we have taken part in right across our college and how much time has been dedicated to this cause.

Whilst the main purpose of our participation was to support conversations and raise awareness of mental fitness, a reminder to all colleagues that we have also been fundraising for both the [British Inspiration Trust \(BRIT\)](#) and [Streetwise Young People's Project](#). Donations can still be made through our fundraising link at <https://givestar.io/qs/MI0DYAI>.

Our Marketing Team are also still accepting submissions of activities for use on our social media channels, please send photos and videos to NCLComms@ncl-coll.ac.uk (*Please remember that when you are taking photos of people, you must get them to sign the [Media Consent Form](#).*)

Thank you once again.

Best wishes

Scott Bullock
Principal

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